

Men's Den News

THERE ARE NO STRANGERS HERE, ONLY FRIENDS YOU HAVE NOT MET YET



HIP HIP HURRAY!

As many of you will know, I have been waiting for a replacement hip for a while. On the 18th March it became a reality!

Thanks to Byron for taking me to the Royal Gwent, I arrived in time for fish & chips lunch, wow.

Then the fun began! 2 weeks on and I am walking around much better, this morning I had the plaster off – Ouch! It's healing nicely, time to keep doing the exercises.

Many people complain about the NHS, my treatment from everyone involved has been excellent. I can't thank them enough.

David Finch

THANKS TO ALL THE MEMBERS WHO HAVE BEEN HELPING OUT WITH THE PRODUCTION OF 40 BIRD BOXES FOR TAI CALON WHO WILL BE MAKING THEM OVER THE EASTER HOLIDAYS IN THEIR YOUTH PROGRAM.
PHOTOS SOON.

Update on activities from last month

St David Cooking Day

A great experience to have everyone helping our preparing the to all sit together and enjoy our lunch.



Planter bench instalation

The sun came out when we took the bench to Llanarth Court, near Usk.

It is in a beautiful spot overlooking the lake. The feedback has been amazing.

Keep your ideas for future events and activities coming

Email : MensDenBG@gmail.com

Check out our Facebook page - Men's Den Blaenau Gwent

This month's newsletter has been a bit sparse due to me being out of the loop and spending time to recuperate.

Men's Den News produced by David Finch